TOLTEC SPIRITUALITY

as an energy frequency.

When in the eighties Dr. Ruben Bonifaz Nuno recommended to me, that in order to learn the truth about our ancestors, I should completely forget all I learned about them in school, especially the so called historical sources of the XVI century, because these had been written by ignorant murderers and thieves, as well as by fanatical religious. He asserted that neither, had the ethics, scientific nor cultural capacity, to attempt understanding a reality that was far beyond their limited obscurantist knowledge of the world, that they came from a thousand years of a fierce epistemic destruction orchestrated by the Vatican and the Catholic Church, called "middle ages".

Very little, of what was written by these people could resist an honest humanist analysis. Almost all, in general, are false and libelous, arguments to create the perception that the invaded, were savages, primitive, cannibals, warriors and thus justify the invasion, the Holocaust and the epistemic destruction, and present this crime against humanity before "their history", as a heroic civilization deed of the West.

Dr. Ruben told me, "start with what you feel and see in the legacy of our ancestors, and go from there to the most essential." More than thirty years passed before I could understand the depth of his words.

What I "feel" of my ancestors legacy is an intense "spirituality". It is a feeling, an indescribable sensation when I am in an anahuaca community or in an impressive Tollan. What I see and irrefutably testify are precisely the monumental Tollan material vestige, from the most impressive as are Teotihuacan, Monte Alban or Chichen Itza, to the smaller Tollanes as Yagul or Dzibilchaltun. The massive stone also make me vibrate producing well-being feelings, balance and profound peace.

The problem of referring to "this feeling" with the Western concept of "spirituality" is that because of the cultural colonization and Eurocentrism processes, I unconsciously assume spirituality as religion, especially the Catholic. I unconsciously associate the spirit as "The Holy Spirit" and spirituality with religion.

To address the forms of "feeling and seeing" of our ancestors legacy, we have to consider that the Toltec perceived the world as energy. Filaments smaller than Atom particles with energy and self-awareness. These filaments in turn organized as toroids in infinite number of sizes, through energy fractals, to form stars and planets. All arranged in a strict order and precise mathematical movement.

The Toltec discovered that the laws of celestial mechanics applied to the microcosm and that mathematics were the universal language. That movement and its measurement, whether a planetary orbit or a particle frequency, were governed by the same laws. The Toltec discovered that the human being is the bridge between the macro and the micro universe. Found "their place in the universe and its center" and from there departed to explore the indecipherable. That was the great civilization feat.

When they reached the limit of their perception, discovered that all is vibration, that all was in motion, from the smallest possible to the largest possible. They saw a universe of vibrational frequencies and realized that there was a "generating frequency". The most subtle of all. To this frequency they called Tloque Nahuaque, "he who is here and everywhere at the same time".

So, for the Toltecs, the human being is an energy charge with consciousness of being, a Toroid in permanent vibration, surrounded by a universe of energy charges with an unimaginable number of frequencies, but that there is one that is the generating frequency. Discovered that the human being can reach full consciousness of his energy and can get to manage it, as he manages his physical body. This knowledge is at the top vertex of Toltecáyotl.

From this perspective, we can say that what we "feel" of the ancient Toltec heritage is "a vibrational frequency", which affects our energy charge and makes it "feel/vibe" in a different way inside the "physical body". The energy frequency that affects or changes our bio-magnetic field we perceive as "spirituality". This "modification" is a great human cultural achievement and a cultural legacy for the children of the children of the ancient Toltec grandparents.